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2009 CIF-STATE PRESEASON CROSS-COUNTRY RANKINGS

By Rich Gonzalez, DyeStatCal

STATE BOYS

DIVISION I

1. Arcadia (SS)
2. Royal, Simi Valley (SS)
3. Dana Hills, Dana Point (SS)
4. Trabuco Hills, Mission Viejo (SS)
5. Oak Ridge, El Dorado Hills (SJS)
6. Upland (SS)
7. Buchanan, Clovis (CE)
8. Rancho Cucamonga (SS)
9. Rancho Buena Vista (SD)
10. Poway (SD)

DIVISION II

1. Mountain View (CCS)
2. Westlake, Westlake Village (SS)
3. Loyola, Los Angeles (SS)
4. Claremont (SS)
5. Ayala, Chino Hills (SS)
6. Foothill, Santa Ana (SS)
7. Thousand Oaks (SS)
8. Camarillo (SS)
9. South Torrance, Torrance (SS)
10. Gunn, Palo Altos (CCS)

DIVISION III

1. St. John Bosco (SS)
2. Granite Hills (SS)
3. Golden Valley, Santa Clarita (SS)
4. Valley Center (SD)
5. Palos Verdes, Palos Verdes Estates (SS)
6. Brea Olinda (SS)
7. Woodbridge, Irvine (SS)
8. Oak Park (SS)
9. Willow Glen, San Jose (CCS)
10. Madera South, Madera (CE)* {or Las Lomas, Walnut Creek (NCS)}

DIVISION IV

1. McFarland (CE)
2. Laguna Beach (SS)
3. Morro Bay (SS)
4. San Juan Hills, San Juan Capistrano (SS)
5. Big Bear, Big Bear Lake (SS)
6. Parlier (CE)
7. St. Mary's College, Berkeley (NCS)
8. San Rafael (NCS)
9. Harvard Westlake, North Hollywood (SS)
10. Nordhoff, Ojai (SS)

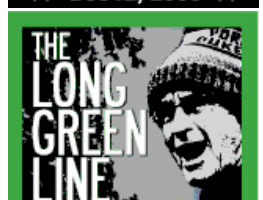
DIVISION V

1. Woodcrest Christian, Riverside (SS)
2. Redwood Christian, Redwood (NCS)
3. Flintridge Prep, La Canada-Flintridge (SS)
4. Poly, Pasadena (SS)
5. Thacher, Ojai (SS)
6. Sage Hill, Newport Harbor (SS)
7. Webb, Claremont (SS)
8. Crystal Springs Uplands (CCS)
9. St. Margaret's, San Juan Capistrano (SS)
10. Chadwick, Palos Verdes Estates (SS)

STATE GIRLS

DIVISION I

1. Torrey Pines, San Diego (SD)



2. Dana Hills, Dana Point (SS)
3. Esperanza, Anaheim (SS)
4. Oak Ridge, El Dorado Hills (SJS)
5. Great Oak, Temecula (SS)
6. San Clemente (SS)
7. King, Riverside (SS)
8. Trabuco Hills, Mission Viejo (SS)
9. Rancho Buena Vista (SD)
10. Davis (SJS)

DIVISION II

1. Saugus, Santa Clarita (SS)
2. Mira Costa, Manhattan Beach (SS)
3. Sultana, Hesperia (SS)
4. Mountain View (CCS)
5. West Ranch, Stevenson Ranch (SS)
6. Canyon, Anaheim (SS)
7. Serrano, Phelan (SS)
8. Foothill, Santa Ana (SS)
9. Redondo Union, Redondo Beach (SS)
10. Canyon, Canyon Country (SS)

DIVISION III

1. Corona del Mar, Newport Beach (SS)
2. Lutheran, Orange (SS)
3. Palos Verdes, Palos Verdes Estates (SS)
4. Aptos (CCS)
5. St. Lucy's Priory, Glendora (SS)
6. Oak Park (SS)
7. Cathedral Catholic (SD)
8. Campolindo, Moraga (NCS)
9. Maria Carrillo, Santa Rosa (NCS)
10. St. Ignatius, San Francisco (CCS)

DIVISION IV

1. La Reina, Thousand Oaks (SS)
2. Morro Bay (SS)
3. Coronado (SD)
4. Flintridge Sacred Heart, La Canada-Flintridge (SS)
5. Santa Cruz (CCS)
6. St. Mary's College, Berkeley (NCS)
7. Oaks Christian, Westlake Village (SS)
8. Bear River (SJS)
9. JSerra, Rancho Santa Margarita (SS)
10. Mayfield, Pasadena (SS)

DIVISION V

1. Woodcrest Christian, Riverside (SS)
2. Chadwick, Palos Verdes Estates (SS)
3. San Francisco University, San Francisco (NCS)
4. Castilleja (CCS)
5. Marin Academy (NCS)
6. College Prep, Oakland (NCS)
7. Priory (CCS)
8. Lick Wilmerding (NCS)
9. Crystal Springs Upland (CCS)
10. Mt. Shasta (NO)



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John Dye - Founder and Editor in Chief Rich Gonzalez - DyeStatCal Co-Editor
 Kirsten Leetch - Business and Marketing Manager Doug Speck - DyeStatCal Co-Editor

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