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## CIF-SOUTHERN SECTION CROSS-COUNTRY RANKINGS

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Editor, ESPN RISE/DyeStatCal

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### CIF-SOUTHERN SECTION BOYS DIVISION 1

1. Royal
2. Arcadia
3. Trabuco Hills
4. Rancho Cucamonga
5. Dana Hills
6. Corona
7. Marina
8. El Toro
9. Yucaipa
10. Esperanza

**The lowdown:** Royal owns the best showing of the year, taking down teams 2-3-6-8-10 head on and 7-9 in a power merge from Woodbridge. Trabuco Hills closed the gap on Arcadia at Stanford compared to Woodbridge as Ryan Herson ran much better in the latter. Rancho Cucamonga was the top performer at Mt. Carmel, but has a gap after its front end which could be challenged in deeper fields. Dana Hills did its typically sluggish start the first two weeks of the season before giving it a more serious go at its own meet, including downing by safe margin a good Poway team it lost to the weekend before by a decent margin. Corona has really shown well with young talent that has stepped in to provide great support to a solid 1-2 punch. Marina, which was excellent but very young last year, is not surprisingly doing very well thus far, including a strong Rated Race win at Woodbridge; three of top runners were ill heading into Bell-Jeff and did not run.

Teams banging on the door:

### DIVISION 2

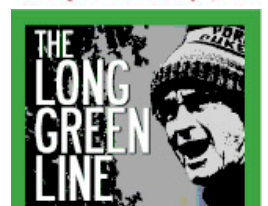
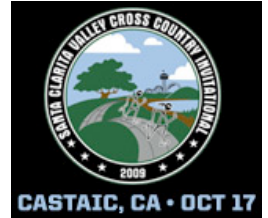
1. Thousand Oaks
2. Claremont
3. Camarillo
4. Canyon/Ana.
5. North Torrance
6. Saugus
7. Loyola
8. Canyon-CC
9. Westlake
10. Newbury Park

### DIVISION 3

1. St. John Bosco
2. Palos Verdes
3. Golden Valley
4. Woodbridge
5. Cabrillo/L.
6. Granite Hills
7. Orange Lutheran
8. Brea Olinda
9. Oak Park
10. Dos Pueblos

### DIVISION 4

1. Laguna Beach
2. Morro Bay
3. Harvard Westlake
4. San Juan Hills
5. JSerra
6. Paraclete
7. Nordhoff



8. Notre Dame, S.O.
  9. Maranatha
  10. Big Bear/Salesian
- 



**DIVISION 5**

1. Woodcrest Christian
  2. Pasadena Poly
  3. Flintridge Prep
  4. Desert Christian, Lancaster
  5. St. Margaret's
  6. Webb
  7. Oak Hills
  8. Western Christian
  9. Chadwick
  10. Oakwood
- 

**SOUTHERN SECTION**  
**GIRLS DIVISION 1**

1. Dana Hills
  2. Great Oak
  3. Trabuco Hills
  4. Esperanza
  5. King, Riverside
  6. San Clemente
  7. Chaparral
  8. Warren
  9. Tesoro
  10. Vista Murrieta
- 

**DIVISION 2**

1. Saugus
  2. Mira Costa
  3. Redondo Union
  4. Sultana
  5. Foothill
  6. West Ranch
  7. Canyon/Ana.
  8. Serrano
  9. Ayala
  10. La Mirada
- 

**DIVISION 3**

1. Orange Lutheran
  2. Corona del Mar
  3. Oak Park
  4. St. Lucy's Priory
  5. Northwood
  6. West Torrance
  7. Palos Verdes
  8. Woodbridge
  9. Atascadero
  10. Agoura
- 

**DIVISION 4**

1. La Reina
  2. Harvard Westlake
  3. Mayfield
  4. JSerra
  5. Paraclete
  6. Laguna Beach
  7. St. Joseph/S.M.
  8. Morro Bay
  9. San Juan Hills
  10. Nordhoff
- 

**DIVISION 5**

1. Woodcrest Christian
2. Chadwick
3. Saddleback Valley Christian
4. St. Margaret's
5. Flintridge Prep

6. Desert Christian, Lancaster
  7. Whittier Christian
  8. Sage Hill
  9. Calvary Chapel, Downey
  10. Linfield Christian
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